## Calhoun County Schools Page 1

## High School Breakfast

**April 2024** 

Friday Tuesday Wednesday Thursday Monday Mon - 4/1/2024 Tue - 4/2/2024 Wed - 4/3/2024 Thu - 4/4/2024 Fri - 4/5/2024 Ham Cheese Croissant Blueberry Yogurt Parfait **Poptart** Sausage & Pancake Stick Sausage Biscuit NutriGrain Bar Fruit Syrup Juice Juice Juice String Cheese Apple Muffin Fruit 1% Milk OR 1% Milk Fruit 1% Milk Chocolate Milk Cereal Chocolate Milk Juice Chocolate Milk Yogurt 1% Milk Chocolate Milk Juice Fruit 1% Milk Chocolate Milk Mon - 4/8/2024 Thu - 4/11/2024 Tue - 4/9/2024 Wed - 4/10/2024 Fri - 4/12/2024 **Poptart** Chicken Biscuit Berry French Toast Breakfast Sausage Pizza Soft Cinnamon Toast Bar Sausage Link NutriGrain Bar Fruit Fruit Fruit String Cheese Juice Syrup Juice Yogurt 1% Milk Fruit 1% Milk OR Juice Cereal Chocolate Milk Juice Chocolate Milk 1% Milk 1% Milk Chocolate Milk Yogurt Juice Chocolate Milk Fruit 1% Milk Chocolate Milk Mon - 4/15/2024 Tue - 4/16/2024 Wed - 4/17/2024 Thu - 4/18/2024 Fri - 4/19/2024 Mini Waffles Mini Berry Pancakes Egg and Cheese Biscuit Poptart Oatmeal Bar NutriGrain Bar Sausage Link Sausage Patty Fruit Yogurt String Cheese Syrup Syrup Juice Fruit OR Fruit 1% Milk Fruit Juice Cereal Juice Juice Chocolate Milk 1% Milk Yogurt 1% Milk 1% Milk Chocolate Milk Chocolate Milk Juice Chocolate Milk Fruit 1% Milk Chocolate Milk Mon - 4/22/2024 Tue - 4/23/2024 Wed - 4/24/2024 Thu - 4/25/2024 Fri - 4/26/2024 **Poptart** Berry French Toast Apple Strudel Egg and Cheese Biscuit NO SCHOOL TODAY NutriGrain Bar Sausage Link Yogurt Fruit String Cheese Syrup Fruit Juice Fruit 1% Milk OR Juice Cereal Juice 1% Milk Chocolate Milk Chocolate Milk Yogurt 1% Milk Juice Chocolate Milk Fruit 1% Milk Chocolate Milk Mon - 4/29/2024 Tue - 4/30/2024 NO SCHOOL TODAY Sausage Biscuit Juice Fruit 1% Milk Chocolate Milk

> Meals must have 1/2 cup fruit or vegetable. Menu is subject to change.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Mar 8, 2024

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.